

[Draft #11]

MESSAGE FROM MARCIA

ACKNOWLEDGEMENT

I wish to acknowledge that the title of this booklet,
“Message from Marcia”,
was inspired by the title of the booklet “Message to Garcia”,
an inspirational essay written by Elbert Hubbard.
(Ref. Wikipedia).

IMPORTANT NOTE

**This booklet is an integral part of the website
www.Message-from-Marcia.com**

**The reader is encouraged to USE the website
after having read the booklet.**

MESSAGE FROM MARCIA

Who is Marcia? And what is her message?

This booklet, of course, answers both those questions.

As of this writing, I am 65, single, and the happiest I've ever been. I want to share with you how this has come about with the hope that what I have learned in my personal life and from my **20-year career as a matchmaker** will inspire others to have similar successes.

In my 20 years of matchmaking, I feel like I've seen it all—thousands of dates and hundreds of successful couples. However, I've also had to handle the disappointment many experience from not finding a mate.

My message (actually, messages) are especially relevant to older women, but I'm hoping people of all ages and both sexes will learn something from what I share herein.

Following is a brief background given so that no one thinks I am a perfect person who has had a storybook life and model marriage. What I *have* had is a lot of experience with men and dating and relationship problems.

WHO IS MARCIA?

I grew up “disguised” as an Illinois farm girl. My past life memories indicate that I was probably in Europe in 1943--not a pleasant environment what with the war and all--which is probably why, when I lost that body, “I” fled to the Heartland and the peace of country life in America.

The father I picked taught school, farmed the land, remodeled an old schoolhouse (which we lived in), wrote plays promoting world disarmament, founded and directed a community orchestra, got a PhD at age 50 and has written books on educational reform. As you can imagine, I admire him a lot.

A significant incident occurred when I was seven. Suddenly, for no apparent reason, I could not tolerate my younger sister. If she touched me, I would throw a fit. It was weird. No one understood it, least of all me; I just figured I was a bad person and introverted accordingly. For the next seven to eight years, I dramatized this “psychosis.”

Then one day when I was fifteen I read about reincarnation and the law of karma. Definition from Wikipedia (internet encyclopedia), “Through the law of karma, the effects of all deeds actively create past, present, and future experiences, thus making one responsible for one's own life, and the pain and joy it brings to him/her and others.”

Right away I realized I was in trouble! Eight years of bad acts was surely going to come back to me somehow somewhere sometime. I knew I should change, but how do you change your emotions?

Fortunately, that intention to change had an amazing effect. The next day the “psychosis” miraculously disappeared... as instantly as it had appeared years before!! Many years later I came to understand what happened. It was good that I had taken responsibility and not blamed her—a lesson that relates to Marcia’s message.

It was in first grade that I chased Johnny (names have been changed to protect the innocent) around the schoolyard, caught him and kissed him. [Note: interested in the opposite sex at an early age.]

Going from a small town grade school to a township high school meant the excitement of more boys. As is the case with so many humanoids, I fixated on the really handsome guy with the long eyelashes. It was a case of unrequited “love” for four years. Finally in my senior year he accepted my invitation to the prom. All these years I was thinking, “If I could only just have a little time with him alone...,” but when it finally came to pass, I actually LAUGHED afterwards with the realization that he would never be interested in me.

The University of Illinois had THOUSANDS of boys! Heaven! Then started an unusual pattern of events.

At the end of my freshman year, I met Mick. We dated for a few weeks and then he went to Ethiopia to serve two years as a Peace Corps volunteer. When he returned he proposed, but then left for New York for graduate studies. A few months later he ended it.

Then it was Donald; but after a few weeks, he went back to Harvard. Bob was a great guy, but after a few months, he left for graduate work in Seattle. Benjamin was very special and talented, but a few months later, he had to go to Australia.

The move to San Diego, where I taught music in a junior high school, was very exciting. Philippe was from Europe and was the love of my life. I think, dear reader, you are not going to be surprised when I tell you that he went back to Europe shortly after we met. By now it was starting to dawn on me that maybe all this having-to-go-away stuff had something to do with ME!

Fortunately, at this time I found an applied philosophy that has worked very well for me. It was, no doubt, due to my studies and the spiritual counseling I received that I actually met someone, got married, and he did NOT go away! However, after five years, we both realized we were not a good match and got an amicable divorce.

STARTING THE DATING SERVICE

In 1988 I started a dating service, The Affinity Exchange. This coincided with my own divorce and search for a good match. Thus I lived the dating “drama” from more than one viewpoint—my own, and others.

For 20 years now I have been reading profiles. To borrow from the world of music, it is like theme and variations. The theme is pretty much the same. Women tend to want men who are financially stable (ideally affluent), monogamous, ethical, caring, loving, good communicator, etc. etc. Men tend to want women who are attractive, loving, supportive, good mothers and homemakers, etc. etc.

Older women who join dating services usually start out very optimistic, but after awhile, they become disappointed and discouraged. One complaint is that older men want younger women. I remind them that since beings have had bodies, men have been programmed to copulate with young women. Why? It’s part of the survival programming of the body so as to perpetuate the genetic line. That is to say, for the race to survive, there must be more bodies created.

Similarly, women have been programmed to want affluent men--again, an understandable survival phenomena. An affluent mate will be better able to provide for the children.

REFLECTIONS ABOUT BEAUTY

As a matchmaker, I couldn’t help but notice that beautiful women would be sought after, no matter their emotional, mental or spiritual state. Why is this? I thought about beauty itself—beautiful women (or men), beautiful cars, beautiful gems, beautiful clothes, beautiful houses, beautiful scenery, beautiful boats, etc. That which is beautiful tends to be desired by human beings. The problem is that the person usually wants to POSSESS these things. You’ve probably heard the term “trophy wife.” Thus, I think it is very important for women to recognize this phenomena. They need to confront it and then figure out how best to deal with it.

I want to stop here and give credit to those men who are NOT fixated on beautiful young women. But my point is that women need to understand the genetic programming.

This leads to the issue about weight. A study of men’s profiles finds that the vast majority indicate that they want a woman who is not overweight--even though they themselves may be. Double standard? Yes, of course. But if it exists, then it should be confronted.

Most of us would agree that obesity is not a survival condition. And most of us also know how challenging it is to prevent it or handle it.

No matter how wonderful a woman may be, a romantic relationship involves bodies and sex. If the guy can’t get the idea of kissing you and making love to you, he may well consider you a wonderful friend, but he will look elsewhere for his mate.

[Note: In this 21st century (this book being written in the year 2008), people have sexual relationships outside of marriage; thus I like to use the word “mate” defined as a sexual partner.]

It should be noted here that the vast majority of people who are married, or have a mate, do NOT look like supermodels. But it should also be noted that in the past, people usually got married when they were young and more physically attractive. Then they got old together. Divorce was not an option, or at least, not common. This is the first time in modern history that there have been, thanks to easy divorces, as well as other factors, so many single older people. You then add to this phenomena the “brain washing” accomplished by movies, TV, and commercials which tend to equate beauty and sex with real love, and the problem magnifies. Thus, I think you can see how the issue of “beauty” is part of the problem older women have to deal with when searching for a mate.

THE PROBLEM

Very early in my career as a matchmaker, I became aware of the problem of there not being enough older men who were a match for the many older women. For one thing, there are not as many older men, period. (For proof, check the data in census reports.) Of the older men who DO exist, many are not comparable to the women.

Let me interject, here and now, that **THE WORLD IS FULL OF WONDERFUL MEN**. Thing is, most of them are married. What I witnessed was that when such a man joined a dating service, it was not long before he found a mate.

Older women would sign up with great expectations, then in a fairly short space of time would be disappointed and come to me asking for help. When I was dating, I did not experience disappointment. Why? Because my expectations were realistic from having the vantage point of a matchmaker. Disappointment comes from mis-assessment. Take a look at times you have been disappointed. You probably said, “But I thought that....,” or “But I assumed that” Assumptions very often lead to mis-assessments. You did not correctly assess the data. Very likely this is because you did not **HAVE** all the data.

Here’s an example: You want to buy a house. You surf the web and find a website advertising “thousands of listings – all price ranges.” Sounds good, so you pay the \$100 membership fee and start searching. Turns out that although there **ARE** thousands of listings, the number of listings that sort of meet your criteria are only about 5! You’re disappointed.

The dating service experience can be similar in that although there are thousands of members, the number who meet your criteria may be relatively limited. (The ideal scene would probably be a big computer in the sky with **ALL** the world’s single people in its database, and everyone spoke Esperanto (a universal language), and there were no immigration laws...)

Sometimes when I shared my observations and viewpoints with disappointed ladies, they would accuse me of not having a positive attitude, or something to that effect. But my viewpoint is that the first step in solving *any* problem is to *fully confront it* (confront meaning to face up to, look at fully).

Who would be most aware of this problem? Obviously matchmakers and those who own/run dating services. It would probably be difficult to get statistics out of them, as these statistics might not be good for their marketing or public relations image. In doing customer service daily for thousands of singles, I know whereof I speak because I seldom get complaints from men about being disappointed and wanting their money back.

There were times when this problem got me down so much that I considered quitting the business. But I'm not a quitter and instead became more and more determined to better understand the problem and work to help solve it. My realizations led to my desire to help people by putting forth some true information about the situation.

At first I thought the issue was “the problem with men.” But, in the end, I view it more as “the problems that men face”—actually, that we *all* face.

Susan Faludi was on the cover of the September 13, 1999 issue of Newsweek Magazine. The cover read: “WHY MEN SHOULD GET A BREAK – A Feminist’s Surprising Take on the New Male Dilemma.” It was interesting to me that someone else was looking at the same problem. Of course I read all 600 pages of her book.

Ms. Faludi’s viewpoint that men should “get a break,” and also that they should do men’s work, i.e. farming, building houses, bridges, ships, and such resonated with me. How “manly” is it to program bits and bytes that you can’t even see?! (Suggestion: A man, if he *has* to do work in the field of significances and intangibles, would do well to do that kind of work half the day and spend the other half of the day doing some kind of work that deals with the physical world.) Anyway, Ms. Faludi got into analyzing the effects on men of the Vietnam War and went off on psychological tangents, which, to me, missed the underlying issues.

It’s not just a problem with men. Women have problems too. For example, men would probably complain that women are too materialistic, too demanding, and too controlling, among other complaints. And the problems of one tie into the problems of the other.

When I first read the quote from feminist Gloria Steinem, “**Some of us are becoming the men we want to marry,**” it struck such a chord in me that I printed it out in huge type and put it on the bulletin board above my desk where I sat day after day as a single mom running a business.

This is part of the problem—women trying to be men. Women need to be educated on how to be women. That is what I finally realized—no one had educated me on how to be a woman! I’ve spent my life acting more like a man.

So many of our boys are growing up without “manly” skills. They especially are not doing things that keep them fit. There are problems with obesity, drugs, lack of goals, crime, gangs, etc. There are many negative influences such as TV, movies, videos, video games, low-toned music, etc.

Even worse is the lack of true data about Man—Man, the species. Who is he? What is he? Where is he going? – the underlying philosophical questions Man has faced for eons.

We live in a paradoxical age, the paradox being that our current “civilization” is technologically advanced, which leads people to believe that we are sociologically, emotionally, culturally, and spiritually advanced. But a close look proves otherwise. In this age of moon shots and computer wizardry, people’s health is deteriorating, and mankind itself is threatened on many fronts—nuclear annihilation, climate change, economic suppression, political/governmental suppression, etc. The world still has slavery, torture, drugs, criminality, war and insanity.

UNDERSTANDING THE PROBLEM

The situation has been a long time in the making. If our men are not ideal, it’s because our world is far from ideal. Who’s responsible for that? WE are--ALL of us.

The point I’m trying to get across is: WE did not fix these problems years—nay, eons—ago. WE did not create a sane civilization, one that would last for generations and eons--one that would encourage men to be men and women to be women, and one that grants basic rights and the freedom to enjoy the fruits of one’s labors.

Marriage and family is the bedrock of society. I recently read about someone who has asked members of Congress to assist him in having the dying “American Family” placed on the endangered species list. That’s certainly one way of bringing attention to the issue!

Part of my mission includes helping people to find a good match and learn how to create a good marriage so that they can stay married.

Although people are basically good, they are often very imperfect. Thus I’m in favor of good personal counseling and good marriage counseling as needed. People *can* change for the better. I have seen it with my own eyes!

We need to learn to be less critical of and more helpful to our partners (and our fellow man). If you can’t solve the problems yourself, ask who you can turn to for help? Divorce, I feel, should occur only when the continuation of the marriage would truly be detrimental to the partners and any children.

The experiences I’ve had and the knowledge I have gained since age fifteen have corroborated the viewpoint that man is a spiritual entity who *has* a mind and a body.

This entity picks up, or enters into, a [baby] body, lives a life, drops the body, picks up another one and lives another life. Man (the spiritual entity) is an immortal being. I keep coming back to this because it makes such a difference when you know you're coming back. For instance, it makes ME very interested in handling societal problems so that I don't return to a suppressive society lacking in freedom.

Another way this viewpoint adds to my happiness is knowing that I have been married and had children countless lifetimes! If I take a few years to improve myself and Mankind before plunging back into the relationship/family game... what's 20-30 years to an immortal being?! This viewpoint helps take the seriousness out of the game.

As proof of past lives continues to mount, more and more people in all parts of the world of many different philosophical beliefs are accepting the concept of reincarnation. My prediction is that in the not too distant future people will say, "I remember when a majority of people in the world thought that they only lived one life." It will be like us telling our children, "There was once a period in history when people thought the world was flat."

And, by the way, I figured I could try to help balance the male to female body ratio by being a man next time around. Instead of bitching, I'll be a guy and try to be an ideal man. I'm always up for a challenge!

Here's what I'm thinking would be good for my next lifetime:

- Be born as a male in a place like maybe Italy, or Kenya, or Costa Rica, or Montana
- Learn sports, fencing, martial arts
- Learn survival skills (hunting, fishing, tracking, growing food)
- Learn how to build a house, if rudimentary
- Learn the basics (reading, writing, 'rithmetic)
- Learn computer skills
- Learn management skills so I could run a business and/or a government
- Get schooled in the Arts
- Learn how to create—and continue to create—a relationship
- Learn philosophical truths that are applicable in life
- Continue to become more spiritually enlightened

Okay. Back to my story...

It was, as I recall, the sixth year into the business that I met and fell for a really great guy. The first date led to a second, which was about to lead to a third when he ended the courtship, giving my advanced age (50) as the reason. I was devastated! Despite my grief, I realized it was time to really CONFRONT the scene and figure some things out.

It was real to me that if an older man was in good shape—physically, emotionally, financially—he could HAVE a younger woman. This is not necessarily the same scenario when you switch around the gender—that is, even though an older woman has her act together, just the fact that her body is aging usually causes a man to reject her.

Whose fault is it if I am 50 and single? Mine. Bottom line: **I'm responsible for the condition I'm in.** I did not get it right early on. No one told me what most men are looking for—that is, women who are warm, loving, supportive, good homemakers, cook, mother, etc. I recall one author describing some wonderful woman that every man wanted to be with as “love with skin around it.” That’s my goal. It’s my continuing program of spiritual study and counseling that I feel will help me achieve this goal. Because counseling addresses the spiritual being, the advancement carries through from one lifetime to another. You CAN take it with you! That was a joyful realization!

It was time to work out what I should do to have a fulfilling life without a mate. The result of my evaluation of the situation led me to come up with the following:

THE FORMULA FOR HAPPINESS

Take full responsibility for the condition you're in. If you're older and single, do not blame the other sex. Blame is never a solution to a problem.

Create enough income to allow you to have the important things in life, both tangible and intangible.

Search for truth. Real truth brings understanding. Understanding leads to heightened ability to love and help your fellow man.

Find out what is needed and wanted by the people that you are attracted to. Try to meet those needs. For example, if you are a woman and the men who interest you are attracted to beautiful slender women, then do everything possible to make yourself beautiful and slender—or so incredible and loving that they don't mind the extra pounds or less than perfect features. If you are a man and the women you want are attracted to affluent men, then work hard to be affluent—or worthy of respect for an occupation of service to your fellow man.

Keep in mind that love that lasts consists in greatest part of respect and admiration.

Fill your life with productive, fulfilling activity. Find out what really makes you happy and pursue it. Remember that sex is a very tiny portion of life. **HELPING OTHERS IS THE KEY TO HAPPINESS.** Continue to create lots of friendships. Outflow love. Give and contribute in as many ways as possible to as many people as possible.

I had an idea once for a billboard. Envision big white letters on a black background saying: **DEPRESSED? HELP SOMEONE.** (And save money on anti-depressants!)

Since the major drawback to being single is the prospect of loneliness, consider finding and having a roommate of the same sex who is a very close friend. That way you're not alone but have someone special to share things with.

FINDING A COMPANION

At age 60, I realized that the problems I faced regarding my ability to sustain a good relationship were such that it might take me many years of spiritual counseling to get me to where I need to be to be a really good mate. It was obvious I should apply my own advice and use my dating service to look for a companion.

Having chosen to live in a 3-bedroom apartment with myself, my daughter, and another person led to a series of roommates, some of whom turned out to be problem people. I didn't want that anymore. My ideal scene was to be in close harmony with the people under my roof.

I made a list of women who I considered potential companions. A "companion," from my viewpoint, would be a lady who, if we were of the opposite sex, I would consider marrying. It would not, of course, be a sexual relationship, and we would not be officially bound by certificates and laws. We would always be free to move out or move on. But I was looking for someone where the affinity, reality, and communication would be so high that we could both *consider* being together for the rest of our lives.

If one of us needed help, we could count on the other person to help us out. We would live together and share the difficult times and the fun times.

After lunch with the first lady on my list, I assessed what I knew about her and knew that I could not live with her. Same with the second lady. My mind kept returning to another lady on the list, Mari. On our first "date", I told her exactly what I was doing. There was some amazement, but she saw the wisdom in the idea. We indeed had a lot in common. She was in the process of selling her house, so we had time to pursue our "courtship." By the time the house was sold, we had made the decision to become roommates/companions.

We have now been together in two different houses, with a few different roommates, for over four years, and I still feel it was a good choice. She can live with my negatives and I can live with hers.

I like asking her how her day was and sharing the events of the day. She, of course, does the same. I remember once when she asked me about my day, and I replied that I really looked forward to—and needed—to tell her about my day, but had to do a few things first. I knew that when I was ready to talk, she would be there, ready to listen and acknowledge, if nothing else. Often that's all one needs.

We may not be together forever, as life's circumstances may send us different ways, but I feel that my experiment was successful, and I will do it again if I need to.

Also please know that I have not ruled out the possibility of having a relationship with a man. If I met someone and we were truly an item, I would enter into and create the relationship. Meanwhile, I know what to do to be happy and fulfilled.

WHAT TO DO

Marcia's viewpoint: **The situation has been a long time in coming and is not a quick fix. Who knows how long it may take to achieve a more ideal scene, but there ARE solutions and the sooner we start applying them, the better.**

Most of us would agree, I think, that people need communication. Part of an ideal scene would be to have one or more persons under the same roof as yourself with whom you have extra good communication.

My viewpoint is that older people should not live alone, yet many older people do not want to live with their children or relatives. If this *is* workable, I encourage it. If not, then turn to the Message from Marcia website for guidance.

Many dating services allow you to contact other members for friendship as well as romantic relationships. There are also websites for finding roommates. The dating services are probably better because there is more data on a profile which helps in finding a good match in either a mate or a companion.

The ideal scene, Plan A, is to find a mate (person of the opposite sex; romantic relationship). Finding a companion is Plan B. You can live Plan B while continuing to pursue Plan A. Or just be happy with Plan B.

For example, a couple's son grows up and moves out of state. Then one day dad has a heart attack and mom is suddenly by herself. She could apply "Message-from-Marcia Plan B" and use a service to find a lady living alone in the city where her son now lives. She moves, life is good, and now she can decide whether to apply Plan A and look for a new mate.

My intention is that this booklet/website becomes popular and well known so that people can write in their profiles "I'm doing the *Message-from-Marcia* thing," and everybody will understand. Then simply go about looking for a companion in a way similar to looking for a romantic partner. The courtship would be similar.

Note that threesomes may be even more viable than twosomes—partly because you get more for your money if you're renting or paying a mortgage. If the relationship involves owning a house, then I highly recommend some kind of written agreement which would cover what would happen if you parted ways.

Please understand that finding a companion is a substitute for finding a mate and is only put forth here as a temporary solution to make life more livable while working to solve the underlying issues that prevent a more ideal scene wherein marriages are good and lasting.

ABOUT “PERFECT”

Following is an article I wrote and sent to members of my dating service. The feedback from it was very positive, so I want to share it with you, as it applies to both Plan A and Plan B.

“I want to find the perfect match.” How many times have I heard this, having been in the matchmaking business for 20 years?!

It sorta makes me shudder. Why? I guess because it hits my “unreality” button. Well, it’s probably not a button. It’s probably because I consider that “perfect matches” in this day and age on this planet are pretty rare.

I must say that there are a lot of marriages from the Affinity Exchange dating service that are doing very well over long periods of time. Then, on the other side of the coin, the service has been around long enough for me to have witnessed some breakups. (Happily the percentage is WAAAAAY below societal norms.)

I prefer the term “good workable relationship”, or something along those lines.

*How does one define a “workable relationship”? Various ways, of course. But one that I came up with was a relationship in which the times the partners make each other happy are **more than** the times they make each other unhappy. Just do the math!*

*How does one define a “workable relationship”? Various ways, of course. But one that I came up with was a relationship in which the times the partners make each other happy are **more than** the times they make each other unhappy. Just do the math!*

Few people are “perfect.” So I encourage people in a courtship to ask themselves if they can live with the other person’s imperfections. The courtship should go on long enough for those imperfections to manifest. Thus one can determine if they are “livable withable,” or not.

Another piece of advice: If the relationship does not work AS YOU [BOTH] ARE, end it, rather than assuming the imperfections will be handled. They probably will... some day... but remind yourself that you don’t know when or how long it will take.

This leads to another piece of advice: I suggest that in your profiles you refrain from going on and on about all the incredible qualities you are looking for in your ideal mate. By all means put these in your own personal ideal scene writeup. But keep your profile more open, like: “Woman. Looking for man.” (Tee hee. Joke. Sort of...)

Happy courting!

THE BROADER SOLUTION

Let's assume that you have succeeded (or will succeed) in finding either a mate or a companion and are doing well on the home front.

Now you can add to that happiness by working to help fix societal ills. There is LOTS of volunteer, or paid non-profit type work to be done that is very fulfilling. The primary reason that I am happier now than I have ever been is that my life is spent helping others. There is nothing more fulfilling than that.

A number of years ago some events happened that resulted in my getting involved in a small way with politics. It led to a realization that "bringing sanity to government" is what really gets me excited. Most people laugh when I tell them, so I have to be sure and explain that it's a many lifetime goal. The point is, you should figure out what gets your juices flowing.

One starts, usually, by getting your job and finances in good order. It's exciting to then find a mate and raise a family. It's even *more* exciting and fulfilling to work with groups towards higher goals. Try it. You'll like it!

The real heroes of the world are those who make it their life's work to serve others.

Following is a short list of broad societal problems:

- Problems with government
- Problems with economics and world hunger
- Problems with job availability
- Problems with education
- Problems with drugs and crime
- Problems with the environment
- Problems with international relations

Obviously, one person alone cannot solve these problems, but a large number of like-minded people working together CAN make a difference. Gradients apply... one small step after another. As this is being written, a good example of this is the "Ron Paul Revolution"—a grassroots movement to relating to bringing the U.S. government back to the fundamentals of individual liberty and the basic principles of the Constitution. It's success is founded on the phenomena of the use of the internet to connect people and bypass media control.

The Message from Marcia website will similarly utilize the power of the internet to enlighten and connect people in a way that will allow them to accomplish otherwise daunting goals.

One of my goals is to help sort out true data from false data, as solutions based on true data have more workability. I welcome help with this challenge.

My friends, when I think of all the millions of people, especially in the U.S., who spend a *lot* of time watching TV, playing golf, playing video games, going shopping, sitting around coffee shops, etc. when they could be doing activities which lead to the lessening of suffering, I want to cry. Every day I read profiles of really good people—and people ARE basically good—and they list all their interests and activities, e.g. nature, hiking, concerts, museums, reading, coffee shops, traveling. Of course these activities are way better than doing drugs and committing crimes, but ... PEOPLE ARE STARVING! HELLO!!

Civilizations have come and gone. Dark ages *have* occurred. But man *does* have the ability to solve his problems. Help stop the dwindling spiral of civilization and create a world that you and your fellow man can come back to and have a *better* life.

I suggest you look over the above problem areas and ask yourself what area appeals to you most. Then go to other sections of www.Message-from-Marcia.com and/or surf the web to find out how you can best help.

MESSAGE FROM MARCIA

To summarize, what ARE Marcia's messages?

(1)

If you're having trouble finding a mate of the opposite sex, then consider finding a companion of the same sex so as to have a team foundation from which to work to solve the bigger problems.

You can do this (Plan B) while continuing, if you wish, to pursue finding a mate (Plan A.)

(2)

**Get busy helping others.
HAPPINESS COMES FROM HELPING!**

**Work towards taking responsibility for the problems you see around you.
Pick your area and DO something about it!**

**What can you do to help make men better men,
Women better women, and
Relationships more lasting?**

This small booklet exists to provide the basic concept of what the problems are.

**The website is where to go for specifics.
It will have advice on many topics, from how to choose
a mate/companion to how to handle the government!**

**The website will be continuously created
so as to be as helpful as possible.**

**This booklet and website have been created
to act as a guide for what YOU can do to help move
the existing scene towards a more ideal scene.**

**NOW, PLEASE GO TO THE OTHER SECTIONS OF
www.Message-from-Marcia.com**

May your life be ever happier and more fulfilled!

Love, Marcia